Dementia doesn't just refer to age-related cognitive diseases, but can also be caused by many reversible medical conditions, including:

- **Lyme Disease**
- **Hypothyroidism**
- **Vitamin B12 deficiency**
- **Head injury**

There are hundreds of types of dementia. Here are some that fall under this **umbrella term**:

- **Vascular dementia**
- **Alzheimer's disease**
- **Mild Cognitive Impairment**
- **Lewy Body dementia**
- **Frontotemporal dementia**

Dementia is a general term for a decline in mental ability severe enough to interfere with everyday life.

Alzheimer's disease is the **most common type of dementia** causing problems with memory, thinking, and behavior.

A person with Alzheimer's disease has difficulty:

- **Communicating**
- **Remembering**
- **Solving problems**

In Michigan, approximately **190,000 people** over the age of 65 are living with Alzheimer's disease. This is around **12%** of people 65+ or **one in ten** people 65+ in Michigan.

---

### Types of Dementia

- **Alzheimer's disease**: 60-80%
- **Vascular dementia**: 5-10%
- **Lewy Body dementia**: 5%
- **Frontotemporal dementia**: 5%
- **Other**: 5%

---

**Alzheimer's disease**

- alzheimers.med.umich.edu
- UM-Ask-MADC@med.umich.edu
- 734-936-8803
- @umichalzheimers