Are you interested in participating in a research study about brain activity and self-management behavior?

The University of Michigan School of Nursing is looking for volunteers to participate in a research study looking at factors related to health information behavior (how you find and use information), brain activity, and self-management (what you eat, your physical activities, and how you take your medications).

Eligibility to participate
- Women who self-identify as African American
- 21-64 years of age
- are diagnosed with hypertension
- are diagnosed with diabetes or have elevated blood sugar levels.

Time required
Three to four hours are needed for you to complete questionnaires, have your blood pressure taken and your blood drawn, talk with a dietitian, and undergo functional magnetic resonance imaging (fMRI). An fMRI is a tool used to observe brain activity, usually takes less than one hour, and requires that you lie still while a magnet creates images of your brain.

Compensation
Up to $75.

For more information
Contact Principal Investigator Dr. Lenette Jones at (734) 763-1371 or lenettew@umich.edu.

We need volunteers for the BRAINS study - Brain Relationships Among Information, Neuroprocessing, and Self-Management