Are you or your partner living with dementia?
Sleep and Everyday Experiences in Partners Study

Researchers at the University of Michigan are recruiting couples in which one partner lives with dementia to learn more about their daily experiences and sleep patterns.

Who can participate?
- Couples (married or living together) who live in Michigan
- One partner has early symptoms of dementia (with or without a diagnosis of dementia)
- Both partners have their own smartphones

What is involved?
- One 45- to 60-minute recorded phone interview
- One brief paper questionnaire about sleep
- Seven days of brief smartphone surveys and wearing a wrist activity monitor
- One 15- to 20-minute recorded follow-up phone interview

Each partner will receive up to $100 after completing the study.

If you are interested in participating, please contact us!
Call: (734) 232-4565
Email: UMsleepstudy@umich.edu
Please mention the Sleep and Everyday Experiences in Partners Study along with your full name and phone number in your message
Visit: https://umhealthresearch.org/#studies/HUM00203631